

# **PLAN of Massachusetts and Rhode Island LIFE CARE PLAN**

*Guidance to Planned Lifetime Assistance Network of Massachusetts and  
Rhode Island, Inc.*

*(PLAN of Massachusetts and Rhode Island) as the Manager for  
The PLAN of Massachusetts and Rhode Island 3<sup>rd</sup> Party Special Needs Pooled  
Trust*

**Developed for** \_\_\_\_\_

This Life Care Plan provides guidance to Planned Lifetime Assistance Network of Massachusetts and Rhode Island, Inc. (PLAN of Massachusetts and Rhode Island) as the Manager for the PLAN of Massachusetts and Rhode Island Third Party Special Needs Pooled Trust.

The Life Care Plan is divided into two (2) parts, each of which is essential to understanding the current and future needs of the trust beneficiary.

In addition to providing PLAN of Massachusetts and Rhode Island essential medical and financial information, this Life Care Plan addresses the individual's physical and emotional needs, taking into account the assets that are available to him or her, including public benefits.

This Life Care Plan will be reviewed annually. If there are changes that you would like to make in between the annual reviews, please contact the PLAN of Massachusetts and Rhode Island office. You will receive a copy of the current Life Care Plan upon its completion and acceptance by PLAN of Massachusetts and Rhode Island.

A good Life Care Plan will also specify key elements of your family member's current lifestyle that are important to maintain in the future. In other words, what you and your family member want in the future and the supports that will likely be needed to make this happen.

Developing a Life Care Plan involves answering questions that cover an array of life issues. The questions help the family and the trust beneficiary think about what he or she wants and needs in the future. Through your answers, you will be able to plan how to maximize the likelihood that these wants and needs are met.

Developing the Life Care Plan usually begins with the family identifying all that they currently do for the family member with a disability. This is a comprehensive list which should include the everyday activities that the family may take for granted, such as transportation, fixing meals, paying bills, etc. A comprehensive list of what the family does now will provide assistance in identifying the needs of the trust beneficiary when the family is no longer able to provide care.

**The process of developing a Life Care Plan requires a significant amount of time. The process can include as many people as you wish. Prior to beginning the process it is helpful to identify who else in your family member's life should be involved in the planning process. This can include the family member with a disability.**

*If additional space is needed for any question, please attach a separate sheet of paper to the Life Care Plan and kindly indicate the question number that the separate sheet refers to.*

**SECTION I: INFORMATION ABOUT THE TRUST BENEFICIARY**

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1. Full Name: \_\_\_\_\_ 2. Nickname(s): \_\_\_\_\_

3. Birth date: \_\_\_/\_\_\_/\_\_\_ 4. Age \_\_\_\_\_ 5. Place of Birth: \_\_\_\_\_

6. Current Address: \_\_\_\_\_

7. Please describe the beneficiary's current living arrangement:  
(*E.g. living with parents, living independently in rented apartment or house, etc.*)

8. Length of time at this address: \_\_\_\_\_

9. Is this a good living arrangement at the present time? \_\_\_\_\_

10. What type of living arrangement do you believe will be best in the future years?

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**EDUCATION**

11. Grade or level completed: \_\_\_\_\_

12. Year of completion: \_\_\_\_\_ 13. Were accommodations provided? \_\_\_\_\_

14. If they were, please describe:

15. Will further education or training be needed? If so, what and when?

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**MEDICAL**

16. Nature of Disability: \_\_\_\_\_

17. Medical/Psychological Diagnosis: \_\_\_\_\_

18. Age at which diagnosed: \_\_\_\_\_

19. Limitations resulting from the disability: \_\_\_\_\_

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20. Will these limitations become less or more significant over time?

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21. Please describe the beneficiary's communication skills:

- a. Ability to understand oral communication \_\_\_\_\_
- b. Ability to understand written communication \_\_\_\_\_
- c. Ability to communicate with others orally \_\_\_\_\_
- d. Ability to communicate with others via written format \_\_\_\_\_

22. Does the beneficiary independently exercise good judgment when making decisions? Please check one.

- a. All of the time \_\_\_\_\_
- b. Most of the time \_\_\_\_\_
- c. Some of the time \_\_\_\_\_
- d. Never \_\_\_\_\_

23. Does the beneficiary have memory problems? Yes \_\_\_\_\_ No \_\_\_\_\_

23(a). If yes, are these memory problems related to:

a. Long term memory \_\_\_\_\_

b. Short term memory \_\_\_\_\_

24. Primary Doctor:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

25. Specialists:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

26. Other medical professionals who are involved in care and treatment:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

27. Hospitalizations:

REASON(S) FOR HOSPITALIZATION: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

DATE(S) AND PLACE (S) OF HOSPITALIZATION: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

28. Medications currently being taken:

For each medication, please give the name, dosage, reason for taking, and name of doctor who prescribed the medication.

MEDICATION NAME: \_\_\_\_\_

DOSE: \_\_\_\_\_

REASON: \_\_\_\_\_

MD PRESCRIBING: \_\_\_\_\_

MEDICATION NAME: \_\_\_\_\_

DOSE: \_\_\_\_\_

REASON: \_\_\_\_\_

MD PRESCRIBING: \_\_\_\_\_

MEDICATION NAME: \_\_\_\_\_

DOSE: \_\_\_\_\_

REASON: \_\_\_\_\_

MD PRESCRIBING: \_\_\_\_\_

MEDICATION NAME: \_\_\_\_\_

DOSE: \_\_\_\_\_

REASON: \_\_\_\_\_

MD PRESCRIBING: \_\_\_\_\_

29. Anticipated future medical needs: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

30. How are medical expenses paid? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

31. What is the current mode of transportation being used to get the beneficiary to and from medical appointments?

\_\_\_\_\_  
\_\_\_\_\_

**DENTAL CARE**

32. DENTIST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

33. Anticipated future dental needs: \_\_\_\_\_

\_\_\_\_\_

34. How is dental care paid for? \_\_\_\_\_

35. What is the current mode of transportation being used to get the beneficiary to and from dental care appointments?

\_\_\_\_\_

\_\_\_\_\_

**THERAPY**

36. Type of therapy (*e.g. Counseling, physical therapy, speech therapy*):

\_\_\_\_\_

37. THERAPIST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL \_\_\_\_\_

THERAPIST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL \_\_\_\_\_



38. How is each different therapy paid for? \_\_\_\_\_

\_\_\_\_\_

39. What is the current mode of transportation being used to get the beneficiary to and from therapy appointments?

\_\_\_\_\_

\_\_\_\_\_

**ASSISTANCE/SUPPORTS**

40. What type of assistance is currently needed (*e.g. assistive technology, special equipment, personal care?*)

\_\_\_\_\_

\_\_\_\_\_

41. Will any of this assistance have to be replaced or upgraded in the next five years?

\_\_\_\_\_

42. How is this assistance currently paid for? \_\_\_\_\_

\_\_\_\_\_

43. Will that source of payment be available for the future? \_\_\_\_\_

44. If that source is not available, is there another source that will be available to pay for this assistance? (*Please specify the source*):

\_\_\_\_\_

45. What type of assistance do you believe will be needed in the next five years?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

46. What services are currently being received? (Please be as specific as possible, including frequency):

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47. PROVIDER OF SERVICES: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

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PHONE: \_\_\_\_\_

SOURCE OF FUNDING: \_\_\_\_\_

PROVIDER OF SERVICES: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

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PHONE: \_\_\_\_\_

SOURCE OF FUNDING: \_\_\_\_\_

48. What supports and services will be needed from service provider agencies in the future (*short and long term*)?

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49. What type of agency do you believe would best meet future needs?

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50. What are the beneficiary's current transportation needs?

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51. Who provides transportation services now and how is that funded?

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52. How will future transportation needs be funded?

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**SKILLS/WORK/INTERESTS**

53. Does the beneficiary handle his or her own finances (e.g. pay bills regularly)? *If not, who provides assistance?*

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54. Does the beneficiary typically make his or her own decisions? *If not, who provides assistance in making decisions?*

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55. Does the beneficiary currently work? \_\_\_\_\_

56. If yes, please describe the work that he or she does, including the amount of time and the amount of pay.

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57. Is this a good work situation? \_\_\_\_\_

58. Do you think that the beneficiary should continue in this work situation?  
(Please specify why or why not.)

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59. If the beneficiary is unable to work for pay, what type of activity do you think would be helpful and productive?

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60. Please identify the particular skills that the beneficiary has:

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61. What kinds of Social Activities does the beneficiary enjoy/participate in?  
(Please include all types of social activities such as friends, religious organizations, etc.)

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62. What types of recreational and leisure activities does the beneficiary enjoy?

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63. What types of vacations does the beneficiary like?

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64. Does the beneficiary attend religious services? (If yes, indicate place and frequency.)

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65. What activities would the beneficiary like to pursue in the future?

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66. What other assets does the beneficiary have to plan with (or might be expected in the future)? For example, an inheritance, insurance proceeds, lawsuit settlements, SSDI benefits based on a parent's record.

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67. What are the beneficiary's short and long term goals and dreams?

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## SECTION II: FAMILY INFORMATION

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### PARENTS:

68. MOTHER'S MAIDEN NAME: \_\_\_\_\_

69. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

70. PHONE: HOME: \_\_\_\_\_ CELL: \_\_\_\_\_ OTHER: \_\_\_\_\_

71. DATE OF BIRTH: \_\_\_\_\_ 72. SOCIAL SECURITY NUMBER: \_\_\_\_\_

73. CURRENT EMPLOYMENT: \_\_\_\_\_

74. FATHER'S NAME: \_\_\_\_\_

75. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

76. PHONE: HOME: \_\_\_\_\_ CELL: \_\_\_\_\_ OTHER: \_\_\_\_\_

77. DATE OF BIRTH: \_\_\_\_\_ 78. SOCIAL SECURITY NUMBER: \_\_\_\_\_

79. CURRENT EMPLOYMENT: \_\_\_\_\_

SIBLINGS:

80. NAME: \_\_\_\_\_

81. ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

82. PHONE: \_\_\_\_\_

83. DATE OF BIRTH: \_\_\_\_\_ 84. EMAIL: \_\_\_\_\_

85. RELATIONSHIP: \_\_\_\_\_

86. NAME: \_\_\_\_\_

87. ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

88. PHONE: \_\_\_\_\_

89. DATE OF BIRTH: \_\_\_\_\_ 90. EMAIL: \_\_\_\_\_

91. RELATIONSHIP: \_\_\_\_\_

92. NAME: \_\_\_\_\_

93. ADDRESS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

94. PHONE: \_\_\_\_\_

95. DATE OF BIRTH: \_\_\_\_\_ 96. EMAIL: \_\_\_\_\_

97. RELATIONSHIP: \_\_\_\_\_

OTHER FAMILY MEMBERS *who play a significant role in the beneficiary's life:*

98. NAME: \_\_\_\_\_

99. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

100. PHONE: \_\_\_\_\_

101. EMAIL: \_\_\_\_\_

102. RELATIONSHIP: \_\_\_\_\_

103. NAME: \_\_\_\_\_

104. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

105. PHONE: \_\_\_\_\_

106. EMAIL: \_\_\_\_\_

107. RELATIONSHIP: \_\_\_\_\_

108. NAME: \_\_\_\_\_

109. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

110. PHONE: \_\_\_\_\_

111. EMAIL: \_\_\_\_\_

112. RELATIONSHIP: \_\_\_\_\_



OTHER PEOPLE (non-relatives) *who play a significant role in the beneficiary's life:*

113. NAME: \_\_\_\_\_

114. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

115. PHONE: \_\_\_\_\_

116. EMAIL: \_\_\_\_\_

117. RELATIONSHIP: \_\_\_\_\_

118. NAME: \_\_\_\_\_

119. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

120. PHONE: \_\_\_\_\_

121. EMAIL: \_\_\_\_\_

122. RELATIONSHIP: \_\_\_\_\_

123. NAME: \_\_\_\_\_

124. ADDRESS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

125. PHONE: \_\_\_\_\_

126. EMAIL: \_\_\_\_\_

127. RELATIONSHIP: \_\_\_\_\_

128. From the list of people above (including parents) list those who you would like to be included in making decisions about the beneficiary and the role you would like these individuals to play (e.g. advocacy, service monitoring, emotional support, assistance with activities like shopping or budgeting or social activities.)

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129. What are your wishes for the near and distant future?

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130. What estimated costs related to the wishes and goals you have identified will likely not be covered by government benefits like SSI or Medicaid, insurance or other public programs?

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131. If for some legal reason this plan cannot be fully implemented, which items that you have identified do you feel are the most important?

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132. What other information is important for us to consider?

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